

Program List

The Pittsburgh Study- The Pittsburgh Study (TPS) is a community-partnered, collective impact initiative focused on child and adolescent thriving and racial equity. TPS moves science beyond inquiry to problem-solve together and co-create tangible solutions, delivering research reciprocity that is responsive to community priorities. TPS nurtures community engaged research and delivers substantial value through payment systems to compensate community partners with alacrity, shared metrics, shared database, community partner research ethics training, building community collaborations, aiding researchers with funding applications, and amplifying voices from the community and sharing the data and stories produced through that work.

Creating Peace- Creating Peace is a curriculum at the University of Pittsburgh that aims to reduce violence and discrimination in urban communities by addressing racial injustice and gender inequity.

Coaching Boys Into Men- Coaching Boys Into Men (CBIM) is an evidence-based curriculum that engages male middle school and high school athletic teams to reduce partner violence and increase positive bystander behaviors. Athletic coaches are uniquely poised to positively influence how young men behave both on and off the field. During this 12-week program, CBIM coaches spend about 15 minutes one a week during practice having a conversation with their team about topics like harmful and respectful behaviors, gender equity, and bystander intervention.

Expect Respect- Expect Respect is a theory and research-informed program intended to alter norms condoning violence and rigid gender expectations that foster violence perpetration, promote bystander intervention, and reduce TDV/SV perpetration. Implemented by trained facilitators, the 24-session curriculum focuses on gender equity and respect, recognizing abuse and impact on self and others, regulating emotions, skills for healthy relationships, and becoming active proponents of safe and healthy relationships.

3Rs (Reading, Racial Equity and Relationships) - The 3Rs at the University of Pittsburgh's Office of Child Development is a program that integrates reading, racial equity, and relationships into classroom literacy practices. The 3Rs in the Classroom program aims to integrate the 3Rs into classroom literacy practices. This is done by working with teachers to shift perspectives to improve their ability to address high quality reading, racial equity, and relationship-aligned goals. By integrating a strong

focus on racial equity, the aim is to partner with schools to rethink how we frame and support literacy development in ways that center Black student literacy.

<https://www.oed.pitt.edu/programs-services/3rs-reading-racial-equity-relationships/3rs-schools>

<https://www.pediatrics.pitt.edu/divisions/adolescent-and-young-adult-medicine/research-and-community-programs/field-studies/creating>

Forging Hopeful Futures - (FHF) is a multi-component, community-based program that addresses racial, gender, and economic inequities through gender transformational group workshops, job skills training, and similar activities. The project is comparing the effects of FHF to a control program of wellness check-ins for high-school-age young people (ages 14 to 19), examining a range of violence outcomes including intimate partner violence, bullying, and gun violence. The study is being implemented in 16 neighborhoods with limited resources and which experience high levels of violence across Pittsburgh and the Washington, D.C. metro area.

<https://popcouncil.org/project/forging-hopeful-futures-a-racial-gender-and-economic-equity-program-to-reduce-youth-violence/>

Community Resources

The Healthy Schools Assessment - The Healthy Schools Assessment is a tool that schools can use to evaluate their health programs and policies. It is a subset of questions from the School Health Index, which is administered by the Centers for Disease Control and Prevention (CDC). UPMC Children's Hospital of Pittsburgh manages the Healthy Schools Program locally, which is a national initiative from the Alliance for a Healthier Generation. The program's goal is to help schools create a culture that prioritizes healthy eating, physical activity, and social-emotional well-being.

https://dam.upmc.com/-/media/chp/departments-and-services/community-health/documents/fact-sheet_healthy-schools.pdf?la=en&rev=b2be5aed5cbb4b17a2bb0ae89ba9f4f7&hash=8C4034C50A5F93DA96AC05179591D974

Women For a Healthy Environment - Women for a Healthy Environment (WHE) is a non-profit environmental health organization that educates residents about public health risks and addresses toxins in the built environment.

<https://womenforahealthyenvironment.org/>

Tree Pittsburgh - Tree Pittsburgh is an environmental non-profit organization dedicated to strengthening and building community vitality by restoring and protecting the urban forest through tree planting and care, education, advocacy, and land conservation.

<https://www.treepittsburgh.org/about/>

ET3 - Empowering Teens to Thrive (ET3) is a program that connects youth who have experienced a violent injury with community-based mentors. The program's goal is to help youth heal and prevent re-injury through a strengths-based approach.

<https://www.chp.edu/our-services/aya-medicine/empowering-teens-to-thrive>

CNX Mentorship Academy - The Mentorship Academy is an initiative of CNX Foundation and part of CNX's commitment to investing in its local community. Designed for high school students who do not plan to immediately attend a four-year college, the Academy is focused on providing urban and rural youth from historically marginalized communities with greater opportunities—helping provide these young adults a bridge to family-sustaining careers. Following the mentorship program, students will have developed new relationships with peers and business leaders across western Pennsylvania, a new excitement for the region's career opportunities and an understanding of how to pursue those careers.

https://www.cnx.com/about-us/the_mentorship-academy